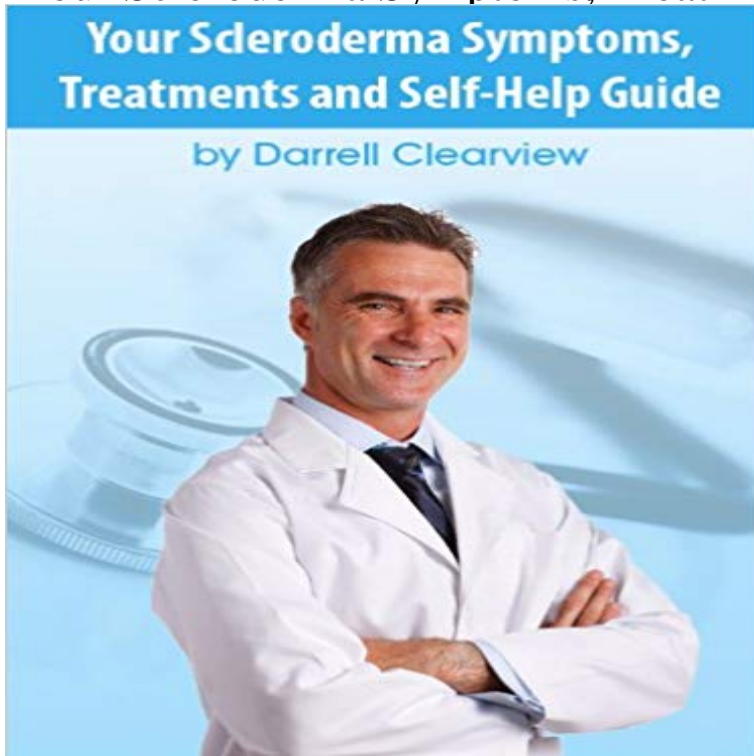


# Your Scleroderma Symptoms, Treatments and Self-Help Guide



Scleroderma, which literally means hard skin, is a chronic autoimmune disease in which the body's immune system starts to attack its own tissues. Those tissues, particularly the skin, begin to thicken, tighten and harden because of increased deposits of collagen, which is the primary connective tissue protein of the body. The disease, also known as systemic sclerosis since other body parts become affected as well, can cause serious damage to internal organs if left untreated. The symptoms of scleroderma can be quite varied as it manifests in a highly individualized fashion. Individuals who suffer from scleroderma may experience very mild symptoms localized in the skin or more serious symptoms involving the lungs, heart, kidneys, esophagus, and GI tract that can lead to life-threatening complications. Many people suffering from scleroderma also develop decreased hand function because of joint disfigurement or finger ulcers. The early diagnosis of scleroderma may be difficult as each case presents different symptoms and can follow a unique progression. This book explains the most common scleroderma symptoms and medical treatments. In particular, the highly successful Dr. Thomas Brown antibiotic protocol and Dr. Joseph Mercola protocol for curing scleroderma is discussed. This simple protocol, unknown to many doctors, has produced thousands of cures. You can take this protocol to your rheumatologist for treatment or visit one of the several centers which make this treatment available. A wide variety of alternative therapies you can apply at home are also revealed in this self-help guide to help you deal with the disease. Some of these home treatments include the use of DMSO, special vitamin E, PABA Para-aminobenzoate, serrapeptase, nattokinase, special herbs, exercise, therapeutic massage, acupuncture, biofeedback and diet. There is also a

discussion on how to treat Raynauds syndrome. If you have scleroderma and wish to understand your condition and how to get rid of it, or better manage it using alternative therapies, this is exactly the book you have been searching for.

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