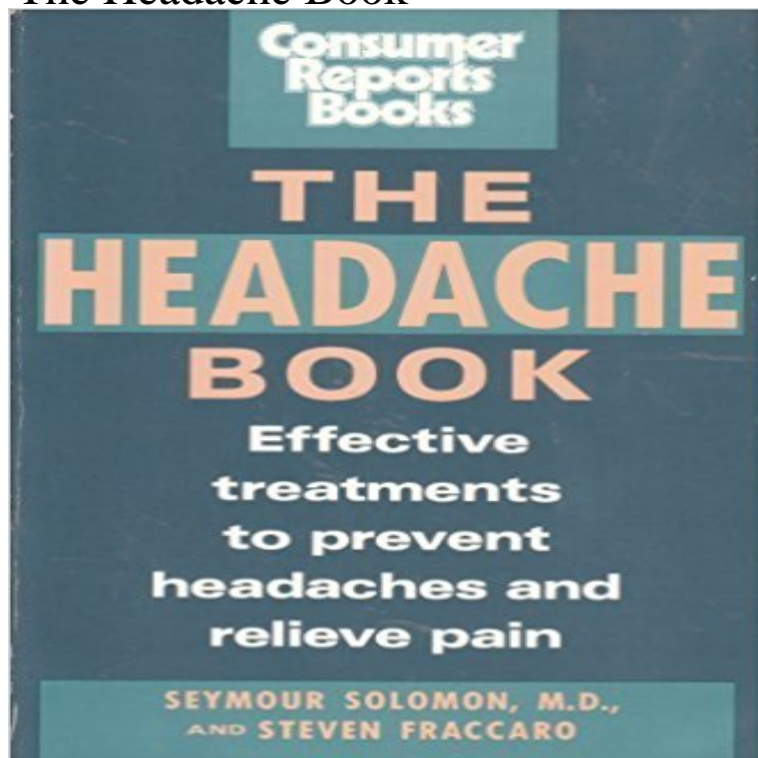


The Headache Book



From the director of a well-known headache clinic, this book offers straightforward, supportive help for the millions of people who suffer from debilitating head pain. Chapters include what triggers headaches, the role headaches play in other illnesses, the latest drugs for specific types of head pain, and nondrug therapeutic treatments for headaches, including biofeedback and relaxation exercises.

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