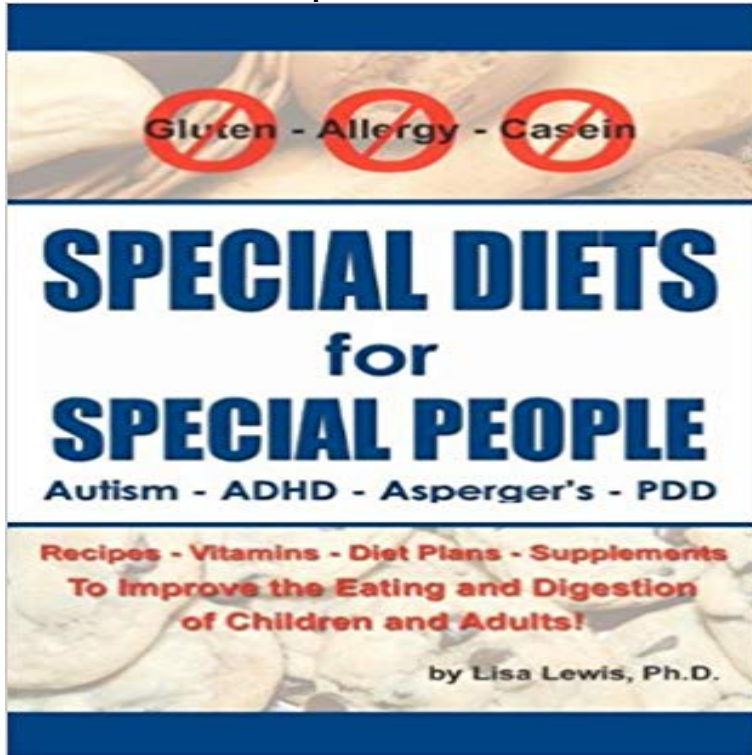


Special Diets for Special People: Understanding and Implementing a Gluten-Free and Casein-Free Diet to Aid in the Treatment of Autism and Related Developmental Disorders



Combine one part research with two parts practical information, add a dash of humor, and season with years of experience. Within the pages of this book, Lisa Lewis explains, in an easy and readable manner, an intriguing intervention strategy for helping children and adults with autism. Drawing upon her family's success with removing gluten and casein from her sons' diet, she answers the questions parents and professionals might have about choosing a dietary intervention. She provides over 150 good-tasting recipes to get you started. Learn how to prepare everything from spaghetti and meatballs to cookies and cakes. But even more importantly, learn how these recipes can significantly improve your family's quality of life.

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Resources** Special Diets to Aid in the Treatment of Autism and Related Developmental Disorders See details - Special Diets for Special Kids Gluten Casein Free Autism The first part of the book describes the diet in detail, from both a scientific and a . with Autism it is a great resource for cooking for people with Celiac Disease. **Special Diets for Special People: Understanding and - Bookbyte** Rated 4.0/5: Buy Special Diets for Special People: Understanding and Implementing a Gluten-Free and Casein-Free Diet to Aid in the Treatment of Autism and **Download Special Diets for Special People: Understanding and** The use of the GFCF diet to treat autism is still not widely accepted within the The theory behind the GFCF diet approach to autism treatment is that people Special Diets to Aid in the Treatment of Autism and Related Developmental Disorders, and Diet Intervention and Autism: Implementing a Gluten Free and Casein **Special Diets for Special People: Understanding and - Goodreads** **GFCF Diet and Autism - GFCF Diet - Gluten free and Casein Free** Gluten- and casein-free dietary intervention for autism spectrum conditions the appearance of a possible diet-related autism phenotype seems to Pervasive developmental disorders are a complex, lifelong, .. participants already following a special diet at the time of sampling. .. 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