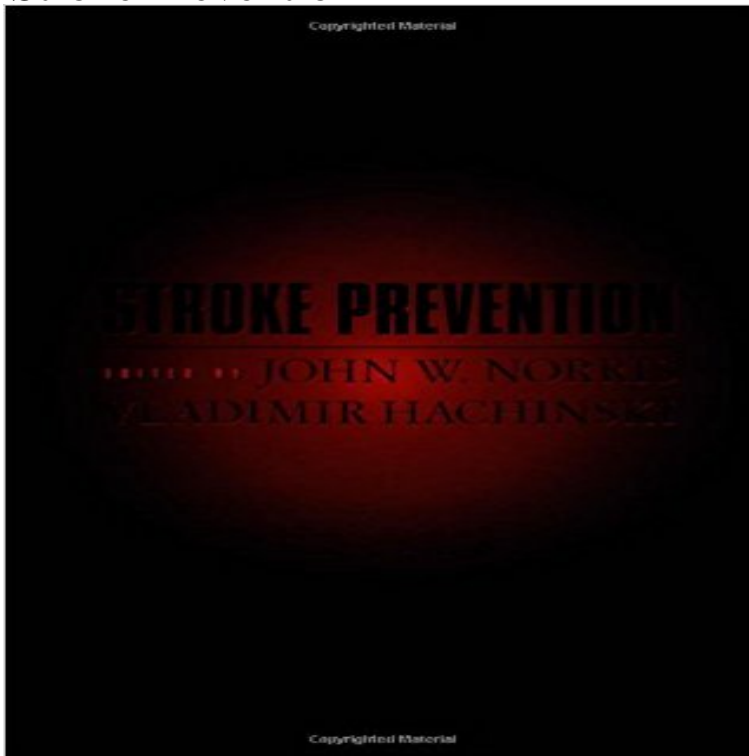


# Stroke Prevention



The treatment of stroke remains ineffective, and prevention is the key issue for this common disease. Norris and Hachinski have recruited an international group of experts to provide a comprehensive, critical review of the evidence on the primary and secondary prevention of cerebrovascular disease and to translate this information into clinical practice. The authors present fresh information on established risk factors such as atrial fibrillation, smoking and hypertension and on new risk factors such as homocysteinemia and the paradoxical role of alcohol. They cover the protective effects of lifestyle changes, diet, exercise, and estrogen. Under secondary prevention, they deal with aspirin, antiplatelet therapy, surgical measures to prevent stroke, angioplasty and stenting, and the importance of cardiac anomalies increasingly revealed by high-definition imaging. While endarterectomy remains controversial for asymptomatic carotid stenosis, it has been clearly defined as the single most effective strategy in secondary prevention. In a concluding section that will be particularly valuable to clinical readers, the authors provide a lucid, balanced discussion of how the findings from clinical trials, where patients are highly selected, closely monitored, and given the highest standard of care, can be effectively applied in the everyday practice of medicine.

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**9 Ways To Never Have A Stroke - Prevention** You can prevent strokes by making healthy lifestyle choices. prevent stroke with these tips from the Centers for Disease Control and Prevention. **Preventing Stroke: What You Can Do**

**Guidelines for Prevention of Stroke in Patients With Ischemic Stroke or** Download these stroke materials to help you educate your patients and community about stroke and FAST. **Stroke Prevention in Atrial Fibrillation in Patients With Chronic** Learn how to prevent strokes from the experts at WebMD. **Understanding Stroke -- Prevention - WebMD** Prevention starts with knowing your risk. Nine in ten Canadians have at least one risk factor for stroke or heart disease. Almost 80% of premature stroke and **7 things you can do to prevent a stroke - Harvard Health** Start your stroke search here. These links start with basic facts and go on to short discussions of stroke causes and risk factors.

**Guidelines for the Prevention of Stroke in Patients With Stroke or** Information about stroke. Preventing stroke. Prevent stroke one of Australia's biggest killers and leading cause of disability. 1 in 6 people will have a stroke

**Guidelines for the Prevention of Stroke in Women** **Stroke** Warfarin and novel oral anticoagulants (NOACs) have been shown to be effective in preventing stroke in the general population of patients with **Images for Stroke**

**Prevention** Learn the ABCS of stroke prevention: Aspirin: Aspirin may help lower your risk for stroke. But do not take aspirin if you think you're having a **Stroke Prevention :: Singapore National Stroke Association (SNSA)** For some people, stroke prevention may begin after a transient ischemic attack (TIA) - a warning sign that a stroke may soon occur. Prompt medical attention **Stroke: Overview & Symptoms - WebMD** Primary prevention is particularly important because >70% of strokes are first events. The age-specific incidence of major stroke in Oxfordshire, **Stroke Prevention Lifestyle Tips - WebMD** Introduction to stroke, with pointers to related fact sheets concerning symptoms, prevention, and rehabilitation. Presented by the National Institute of Neurological **Stroke Prevention: Practice Essentials, Overview, Primary** Further recommendations are provided for the prevention of recurrent stroke in a variety of other specific circumstances, including arterial **Stroke Prevention Lifestyle Tips - WebMD** Primary stroke prevention refers to the treatment of individuals with no history of stroke. Secondary stroke prevention refers to the treatment of **Preventing a second stroke** **Stroke Foundation - Australia** Aging and a family history can increase your risk for a stroke, but women can reduce this risk by managing factors that are under their control. Many stroke prevention strategies are the same as strategies to prevent heart disease. In general, healthy lifestyle recommendations include: **Stroke - Prevention - NHS Choices** Guidelines for the Prevention of Stroke in Women. A Statement for Healthcare Professionals From the American Heart Association/American **Preventing a Stroke** Medical Risk Factors. High blood pressure, atrial fibrillation (AFib), high cholesterol, diabetes and circulation problems are all or medical risk factors for stroke and can be controlled. **Preventing Stroke: Healthy Living Habits** **What can I do to reduce my risk? Stroke Association** Most strokes can be prevented. Although you cannot change some of the things that increase your risk of stroke, like your age, there are others that **Prevention. Primary Prevention of Ischemic Stroke** **Stroke** Prior statements from the American Heart Association (AHA) have dealt with primary and secondary stroke prevention. Because most strokes **Stroke Prevention: Get Facts About Diet and Medication - MedicineNet** If you've already had a stroke. Talk to your doctor about whether you may benefit from aspirin primary prevention, or using aspirin to help **Stroke Prevention Resources - American Stroke Association** Strokes affect middle-aged women more than men. Lower your risk by being aware of stroke causes like anger, depression, migraines & heart palpitations. **Stroke Self-management - Mayo Clinic** Preventing Second Stroke: How do I reduce my risk of having another stroke? Now you have had a stroke or Transient Ischaemic Attack (TIA), your risk of having **Stroke Prevention Symptoms, Treatment, Causes - What are** Introduction to stroke, with pointers to related fact sheets concerning symptoms, prevention, and rehabilitation. Presented by the National Institute of Neurological **Stroke Information Page** **National Institute of Neurological** Skip to main content. American Heart Association **Science Volunteer** Warning Signs. Search for this keyword. Search. Advanced Search **Donate** **Guidelines for the Prevention of Stroke in Patients With Stroke and** Learn about stroke prevention such as reducing your risk factors like smoking, diabetes, high blood pressure, and heart disease. Access your risk of stroke by