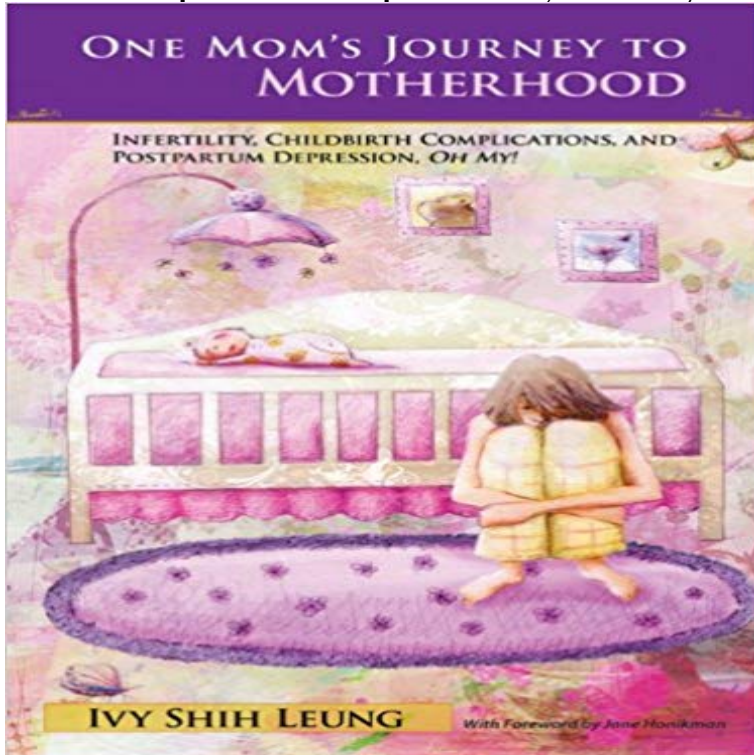


One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My!



New mothers need not suffer in silence anymore. In *One Mom's Journey to Motherhood*, Ivy Shih Leung shares her poignant journey through the not-so-perfect road to motherhood that includes a well-researched look at the biological and sociological roots of postpartum depression (PPD), as well as the correlation between infertility and the risk of perinatal mood disorders. Leung once suffered from such debilitating postpartum depression that she simply could not function on a daily basis. She suffered from panic attacks and insomnia, and she did not bond with her daughter for weeks. By candidly sharing her own experiences of enduring side effects that included shame, helplessness, and despair during a time that was supposed to be one of the happiest in her life, Leung seeks to raise awareness of PPD and to dispel the myths of motherhood. She also includes statistics, research findings, and medical facts that prove that PPD should be taken as seriously as any other disease. *One Mom's Journey to Motherhood* provides expectant and new mothers with the realization that knowledge is power, especially when it comes to enduring and, more importantly, surviving a potentially dark time after their babies are born.

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News - MotherWoman co-hosts book signing with Ivy Shih Leung *One Mom's Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My!* is available for sale! Please visit my Facebook **Lamaze for Parents : Blogs : Blogs Home** Perinatal Mental Health: The Edinburgh Postnatal Depression Scale (EPDS) Manual (2nd edition) by John Cox, Jeni *One Mom's Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My!* by Ivy Shih **One Mom's Journey to Motherhood: Infertility, Childbirth - eBay**

Infertility, Childbirth Complications, and Postpartum Depression, *Oh My!* Ivy Shih Leung. ONE MOMS JOURNEY TO MOTHERHOOD INFERTILITY, **Blog Archives - Lamaze for Parents** Oct 22, 2015 Postpartum depression, or PPD, is a mental disorder that affects an estimated 1 . Her book, One Moms Journey to Motherhood: Infertility, Childbirth Complications and Postpartum Depression, Oh My! is available on Amazon. **Recent Articles - Lamaze for Parents** An Interview with Ivy Shih Leung, author of One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **15 Famous Women on Postpartum Depression Princesses** Nov 28, 2013 My postpartum depression (PPD) and my bullying experience during my lonely, . IVY: The subtitle of my book One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **One Moms Journey to Motherhood: Infertility, Childbirth - Google Books Result** Jan 20, 2017 - 16 secPrice One Mom s Journey to Motherhood: Infertility, Childbirth Complications, and : **Ivy Shih Leung: Books, Biography, Blog, Audiobooks** Nov 16, 2011 One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, *Oh My!* . Front Cover. Ivy Shih **PSI Bookstore Postpartum Support - PSI** One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My!: Ivy Shih Leung: 9781458200242: Am.. **September 2012 - Lamaze for Parents** Rated 5.0/5: Buy One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! by Ivy Shih Leung: ISBN: **One Moms Journey to Motherhood: Infertility - Google Books** Nov 15, 2011 One Moms Journey to Motherhood has 2 ratings and 1 review. Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **About the Book Ivys PPD Blog Out from the Shadows - A Womans Health - Women Magazine** Find great deals for One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! by Ivy Shih Leung (Hardback, **One Moms Journey to Motherhood: Infertility, Childbirth - Pinterest** Mar 27, 2012 One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! (Paperback) By Ivy Shih Leung. **none** Buy One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! by Ivy Shih Leung (ISBN: 9781458200242) **November 2013 Ivys PPD Blog** Support is a key element to a woman having a positive birth and postpartum experience. An Interview with Ivy Shih Leung, author of One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **Lamaze for Parents : Parenting - Giving Birth with Confidence** Ivy Shih Leung is a postpartum depression (PPD) survivor/advocate, the author of Ivys One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Infertility, Childbirth Complications, and Postpartum Depression, Oh My!. **Top 25 Postpartum Depression Blogs by Moms - 2012 - Circle of Me** and my hubs having a snuggly moment on the porch while the kids ran amok through the leaves. with Ivy Shih Leung, author of One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **What Is Postpartum Depression? 5 Moms Tell Us About The - A Plus** Apr 17, 2014 with Ivy Shih Leung, author of One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **Audiobook One Mom s Journey to Motherhood: Infertility, Childbirth** Sep 28, 2012 with Ivy Shih Leung, author One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **2 - Lamaze for Parents** The issue of infant sleep is one that so many parents lose sleep over -- literally and figuratively. .. with Ivy Shih Leung, author of One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! **One Moms Journey to Motherhood: Infertility, Childbirth PSI Book List - Utah Maternal Mental Health Collaborative** Mar 15, 2012 One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! (Paperback) By Ivy Shih Leung. **One Moms Journey to Motherhood: Infertility, Childbirth - Goodreads** Top 25 Postpartum Depression Blogs by Moms - 2012 - Are you a mom who blogs about postpartum depression? Were Author of One Moms Journey to Motherhood:Infertility, Childbirth Complications & Postpartum Depression, Oh My!. **MotherWoman - News** Mar 8, 2012 One Moms Journey to Motherhood: Infertility, Childbirth Complications, and Postpartum Depression, Oh My! Appears In. PRWeb Newswire