

## Coping with a Rigid, Critical and Perfectionistic OCPD Spouse: Signs Your Spouse May Have Obsessive Compulsive Personality Disorder (Transcend Mediocrity Book 14)



You are struggling with an OCPD spouse who is driving you crazy. You want to be carefree and spontaneous. But at home you are faced with demands, critiquing and rigidity. You want to have fun with your husband, but he just plain seems like a stubborn ox at times (or maybe all the time, depending upon how bad his symptoms are). You may be wondering what qualifies me to write a book about OCPD marriage. I, my friend, am quite happily married to an OCPDer. He is probably a little bit like your OCPD spouse, because their traits are pretty similar. If I start to talk about him, its likely things will start to feel a bit familiar for you. Your spouse doesnt have to have all of these traits, just some of them. Please download our OCPD series of books in order to learn more about your spouses disorder, the reason behind the disorder, and your choices when it comes to an OCPD marriage. Consider downloading the other books in our OCPD, BPD, and health cure topics available only on Amazon.com by 4x best-selling author J.B. Snow.

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