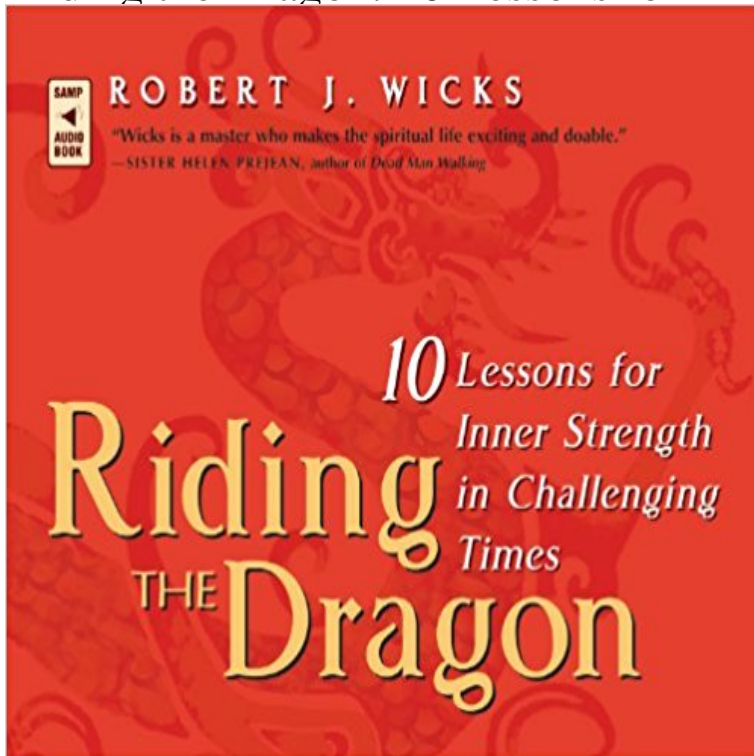


## Riding the Dragon: 10 Lessons for Inner Strength in Challenging Times



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