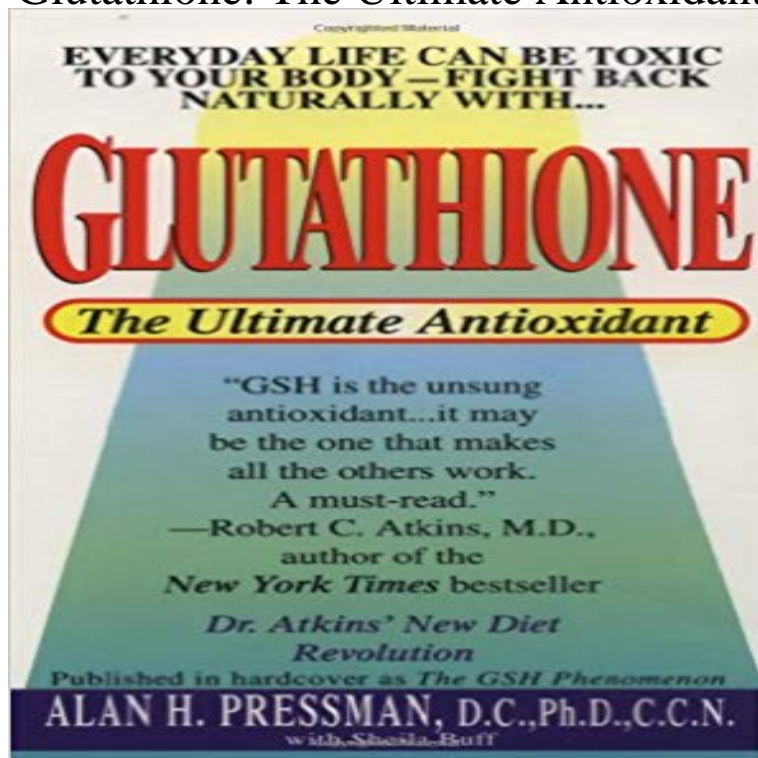


## Glutathione: The Ultimate Antioxidant



Glutathione, pronounced gloo-ta-thigh-on and known as GSH, just might be one of the most extraordinary overall health-boosters of modern nutritional medicine. GSH may help with everything from heightened immune system functioning to overcoming addictions to anti-aging. It is a natural protein found in many fruits and vegetables that acts as nature's policeman, rounding up and neutralizing the toxins that pollute our systems-- and cause countless chronic health problems-- to keep our cells, and selves, healthy and disease-free. Through nutritional supplements, individual treatment plans, and delicious recipes designed to boost GSH in the bloodstream, Dr. Alan H. Pressman helps you battle: \*allergies \*arthritis \*asthma \*cancers \*cataracts \*chronic fatigue syndrome \*digestive problems \* heart disease \*HIV \*hyperactivity \*infections \*jet lag \*mood swings \*muscle pain \*skin problems \* weight gain \*and much more! Detoxify your system with glutathione and watch the amazing results!

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glycation and support the antioxidant defense system. I never thought much into the carb-glutathione connection.

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