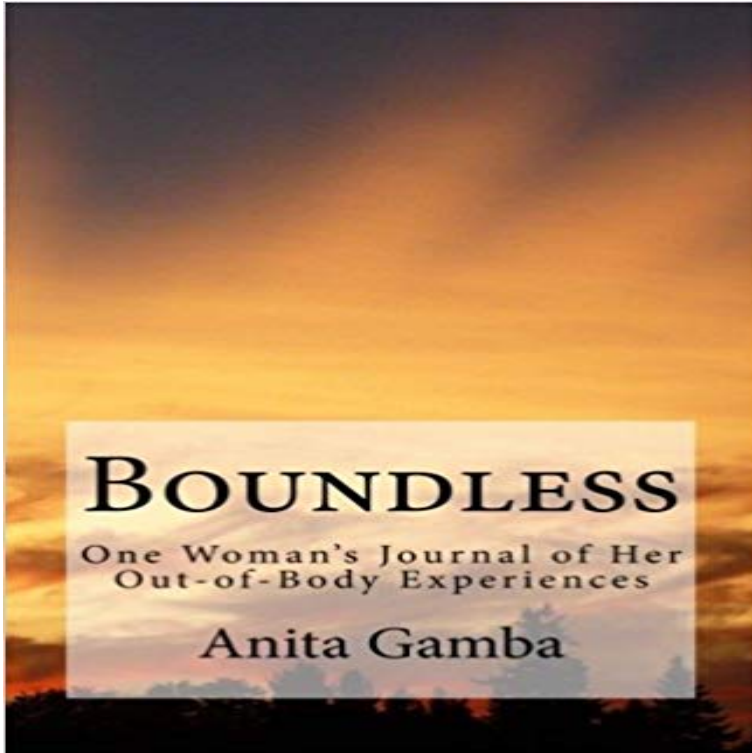


Boundless: One Womans Journal of Her Out-of-Body Experiences



I have a secret life. While no one was watching, I explored the universe. It was easy, it was free, and each adventure left me physically, mentally and emotionally invigorated. I was able to do this by having conscious out-of-body experiences (OBE). Have you ever had an OBE? Have you had dreams where you felt that you were flying? Do you ever think about death? Do you wonder what happens to your essence when you die? Over the past few decades science has joined medicine (with research into near-death-experiences NDEs), religion and spirituality in exploring and explaining the mechanics of OBEs. What was once deemed by sceptics to be a figment of imagination is in fact being proven by science to be a reality. This small, very readable book will help you answer some of your questions. It will guide you through a conscious out-of-body experience

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